



## WHAT TO EXPECT...

### ACCOMMODATIONS

Your accommodations will be prepared upon arrival with towels, linens, hairdryer, iron and ironing board, bath soap, shampoo, conditioner, paper towels, facial and bath tissue. Kitchens will be stocked with dish soap, dish washer detergent, dish towels, trash bags, utensils, cutlery, plate settings, glassware, basic pots and pans, toaster, and a coffee machine. Sleeping mats, extra linens, cribs, high-chairs and baby-gates are available by request.

All units have a TV and CD player in the living area. If your unit is not equipped with a DVD player, we will provide one. *Northstar*® Resort provides complimentary high-speed Internet access in all *Northstar* Resort units and condominiums.

Units with fireplaces that need wood will have firewood provided. Laundry facilities will be available either inside the unit or in the same building. Units will be equipped with a direct dial phone. *Northstar* Resort provides unlimited FREE domestic and international long distance from all *Northstar* Resort units and condominiums.

### BUSINESS SERVICES

Wireless internet access and a computer with a printer are available in the Village Center and at the Front Desk. Copies and faxes can be accommodated at the Season Pass Office and the Front Desk. A FedEx box is located in the *Village at Northstar*™.

### CELL PHONES

Cellular service is available for Cingular, Sprint and T-Mobile. Verizon works on the mountain but is inconsistent in the *Village at Northstar* and around the resort. Nextel is inconsistent on the mountain and around the resort.

### MONTHLY AVERAGE TEMPERATURES

Month	December	January	February	March	April
Avg. high	40	40	42	45	52
Avg. low	15	15	17	21	25

## DON'T FORGET TO PACK...

Whether you plan to ski, snowboard or relax, the experience and enjoyment of your mountain vacation at *Northstar-at-Tahoe*™ Resort can be enhanced by the clothing and gear you bring with you. In preparation for your trip, ensure you have the right clothing and other accessories to be comfortable in the varying mountain temperatures we experience in the Lake Tahoe area and at *Northstar* Resort.

We know it can be easy to forget the little things... Here's a checklist that we hope will help as you're thinking about what to bring with you.

### SKI & SNOWBOARD GEAR

Your enjoyment of skiing or snowboarding is directly related to your physical comfort. For those who aren't familiar with what to wear when skiing or snowboarding, here are some general guidelines:

**Wear layers.** Layers = warmth. Two to three medium weight layers are usually warmer than one bulky garment. Layers also help wick sweat away to keep you warm and dry.

**Keep your middle warm.** If your mid-section is warm, your extremities will be warmer.

**Keep dry.** New fabrics are designed to keep you warm and dry. Make sure your gloves are insulated and waterproof, and that your outer layer is relatively water and windproof.

**Cover your head.** You can lose 50% of your body heat if your head is not covered. Wear a hat or helmet to help keep your whole body warm.

**Protect your eyes.** It is especially important to wear eye protection when you ski or snowboard. Consider wearing goggles when it's snowing or very cold. On a bright, sunny day, wear either dark goggles or UV protecting sunglasses.

**Keep your feet warm.** One of the most important things to remember is to keep your feet warm, dry and comfortable. You can get warm, lightweight, wool-blend ski and snowboard socks for anywhere between \$10 and \$20.

**TIP:** If you forget something, don't worry – many of these items can be purchased in retail stores located in the Village at *Northstar* such as True North, 001 – An Oakley Concept Shop, Butterbox, and The North Face.

Some suggestions of what to pack include:

### EQUIPMENT

- |  |                                     |
|--|-------------------------------------|
| <input type="checkbox"/> Alpine and Nordic Skis, Boots and Poles | <input type="checkbox"/> Ice Skates |
| <input type="checkbox"/> Snowboards and Boots                    | <input type="checkbox"/> Snowshoes  |
| <input type="checkbox"/> Helmets                                 |                                     |

### CLOTHING AND FOOTWEAR

- |   |   |
|---|---|
| <input type="checkbox"/> Waterproof jacket or parka                                   | <input type="checkbox"/> Gloves/mittens         |
| <input type="checkbox"/> Waterproof pants or shells (to wear over a warm base layer)  | <input type="checkbox"/> Neck gaiter            |
| <input type="checkbox"/> Breathable under layers (long underwear, non-cotton fabrics) | <input type="checkbox"/> Hat                    |
| <input type="checkbox"/> Fleece, sweaters   | <input type="checkbox"/> Ski or Snowboard socks |
| <input type="checkbox"/> Turtlenecks  | <input type="checkbox"/> Goggles                |
|   | <input type="checkbox"/> Sunglasses             |

**TIP:** Be sure to pack extra layers of clothing to accommodate for the mountain climate. The weather can change quickly!

For your convenience, *Northstar* Resort offers ski and snowboard rentals, overnight equipment storage, and season-long lockers for those who don't want to worry about schlepping their gear to and from the mountain. For more information about these services, visit [NorthstarAtTahoe.com](http://NorthstarAtTahoe.com).

### AFTER SKIING/RIDING

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Long pants   | <input type="checkbox"/> Warm base layer undergarments |
| <input type="checkbox"/> Sweaters     | <input type="checkbox"/> Scarf                         |
| <input type="checkbox"/> Warm jacket  | <input type="checkbox"/> Warm sleepwear                |
| <input type="checkbox"/> Casual shoes | <input type="checkbox"/> Accessories                   |
| <input type="checkbox"/> Warm socks   | <input type="checkbox"/> Casual wear                   |
| <input type="checkbox"/> Snow boots   |  |

### MISCELLANEOUS

- |   |  |
|---|--|
| <input type="checkbox"/> Sunscreen                              | <input type="checkbox"/> Baby's needs            |
| <input type="checkbox"/> Lip balm                               | <input type="checkbox"/> Diapers                 |
| <input type="checkbox"/> Aloe cream                             | <input type="checkbox"/> Swim diapers            |
| <input type="checkbox"/> Sunglasses                             | <input type="checkbox"/> Address book            |
| <input type="checkbox"/> Eye glasses or contact lenses          | <input type="checkbox"/> Story books for bedtime |
| <input type="checkbox"/> Camera and film                        | <input type="checkbox"/> Games for the ride      |
| <input type="checkbox"/> Medical Insurance cards                | <input type="checkbox"/> Toothbrush/toothpaste   |
| <input type="checkbox"/> Credit cards, cash or travelers checks | <input type="checkbox"/> Cosmetics               |
| <input type="checkbox"/> ID or Driver's License                 | <input type="checkbox"/> Spare car key           |
| <input type="checkbox"/> Travel alarm                           | <input type="checkbox"/> Ski tickets or passes   |
| <input type="checkbox"/> Prescriptions or medications           |  |
| <input type="checkbox"/> Itineraries and confirmations          |  |
| <input type="checkbox"/> Maps and directions                    |  |
| <input type="checkbox"/> Bathing suit                           |  |

**TIP:** Pack ski tickets or passes with ski or snowboard boots so they won't be forgotten.

## NICE TO HAVE

- CD player, MP3 player, CDs, headphones and batteries
- DVD's
- Guidebooks and brochures
- Pillows

## FOR THE CONDOMINIUM

- Condiments
- Plastic wrap
- Aluminum foil
- Coffee (we provide first morning)
- Specialty Items (blender, egg-beater)
- Napkins
- Laundry detergent

## CONSIDER THE FOLLOWING AS AN EMERGENCY KIT

- Properly fitting tire chains – know how to install them
- Bag of sand or salt (or kitty litter)
- Traction mats
- Snow shovel
- Snow brush
- Ice scraper
- Booster cables
- Warning devices such as flares or emergency lights
- Fuel line de-icer (methanol, also called methyl alcohol or methyl hydrate)
- Extra windshield wiper fluid appropriate for sub-freezing temperatures
- Paper towels
- Flashlight and a portable flashing light (and extra batteries)
- Blanket
- Extra clothing, including hat and wind-proof pants, and warm footwear
- First aid kit
- Snack bars or other “emergency” food and water
- Matches and emergency candles - only use with a window opened to prevent build-up of carbon monoxide
- Road maps
- “Call Police” or other help signs or brightly colored banners.

## BEFORE LEAVING HOME REMEMBER TO:

- Leave trip itinerary, contact info, spare house and car key with your neighbor.
- Arrange for your mail and newspapers to be picked up.
- Turn off gas lights and water.
- Lock all windows and doors.
- Arrange for pet care.
- Water plants.

## TIPS FOR TRAVELING WITH CHILDREN

- Allow for extra travel time and be flexible - plan to make frequent stops.
- Bring water and snacks.
- Have wipes or a towel handy in car for messes and spills.
- Ensure that car seat is properly installed.
- Bring toys and games.
- Show your child photographs of your destination.
- Get your child excited about your vacation.