

GIANT FOR WOMEN'S

2009 RIDE AND RETREAT

NEED A LITTLE R N' R? HOW ABOUT A WEEKEND OF ROAD OR MOUNTAIN BIKING (YOUR PICK!) WITH SOME OF THE BEST INSTRUCTORS IN THE WORLD? AND THEN QUITE A BIT OF RETREATING, BREATHING THE FRESH AIR AND SEEING THE SIGHTS OF THE NORTHSTAR AT TAHOE RESORT?



Giantforwomen.com

GIANT FOR WOMEN'S 2009

RIDE AND RETREAT

It's a women's only weekend away, with women who love to ride! You'll wake up to morning yoga, then spend the day learning and riding, with plenty of time to see the sights of Lake Tahoe.

Join Giant for Women and first class athletes from mountain biking champion Tara Llanes to road Olympian Mari Holden for a two day weekend of skills sessions, great riding, friendship, and relaxation.

RETREAT DATES: ROAD: FRIDAY JUNE 5TH TO SUNDAY JUNE 7TH

MOUNTAIN: FRIDAY JULY 10TH TO SUNDAY JULY 12TH

OR, FRIDAY AUGUST 14TH TO SUNDAY AUGUST 16TH

Cost for two nights' lodging, food, instruction, bike rental*, group activities, and lift tickets is \$500**.

TO REGISTER, GO TO ACTIVE.COM, SEARCH "GIANT FOR WOMEN RIDE AND RETREAT" FOR MORE INFORMATION OR DETAILS, CONTACT US AT HELLO@GIANTFORWOMEN.COM.

* Participants must bring their own bikes. Bike rentals may be possible for the Mountain sessions only.

** Participants must arrange and pay for their own travel to and from the resort.



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NORTHSTAR
AT TAHOE